



Clpidogrel vs. Extended DAPT after High-Risk PCI: The A-CLOSE randomized Clinical Trial

**Clpidogrel monotherapy vs. Extended DAPT
in high-ischaemic-risk patients 12 months after DES implantation**

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Background



- Current guidelines recommend 6 to 12 months of dual antiplatelet therapy (DAPT) after DES implantation, with growing evidence supporting **long-term P2Y12 inhibitor monotherapy**—particularly **clopidogrel monotherapy**—as a preferred maintenance strategy.

Eur Heart J **2023**;44:3720-3826 / **2024**;45:3415-3537
J Am Coll Cardiol **2023**;82:833-955 / **2025**;85:2135-2237
Lancet **2021**;397:2487-96 / *Lancet* **2025**;405:1252-63

- For patients at **high ischaemic risk**, **extended DAPT beyond 12 months** after DES implantation **reduced ST and MACE vs. aspirin monotherapy** in the DAPT trial, **but increased bleeding**.

New Engl J Med **2014**;371:2155-66 / *JAMA* 2016;315:1735-49

- However, the comparative impact of **clopidogrel monotherapy vs. extended DAPT** in high-ischaemic-risk patients remains uncertain.

Objective



- To investigate whether **clopidogrel monotherapy** is **non-inferior** to **extended DAPT with clopidogrel plus aspirin** for 24 months with respect to net adverse clinical events in **patients at high ischaemic risk 12 months after DES implantation**.

*If non-inferiority for the primary endpoint is met,
key secondary **ischaemic** and **bleeding** endpoints will be tested for superiority
in a prespecified sequence.*

Trial design and population



- **Investigator-initiated, multicentre, randomised, open-label, non-inferiority trial**

(ClinicalTrials.gov number, NCT03947229)

- **Enrolment period: August 2019 through August 2023**

- **Conducted at 19 sites in South Korea;** Investigators (Participating site)

- | | |
|--|---|
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| 2. Kyounghoon Lee (Gachon University Gil Medical Center) | 12. Seung-Ho Hur (Keimyung University Dongsan Medical Center) |
| 3. Deok-Kyu Cho (Yonsei University Yongin Severance Hospital) | 13. Tae Soo Kang (Dankook University Hospital) |
| 4. Yun-Hyeong Cho (Hanyang University Myongji Hospital) | 14. Eun-Seok Shin (Ulsan University Hospital) |
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| 6. Kyeong Ho Yun (Wonkwang University Hospital) | 16. Ki-Hyun Jeon (Seoul National University Bundang Hospital) |
| 7. Ji-Yong Jang (National Health Insurance Service Ilsan Hospital) | 17. Ung Kim (Yeungnam University Medical Center) |
| 8. Seunghwan Kim (Inje University Haeundae Paik Hospital) | 18. Won-Ho Kim (Eulji University Hospital) |
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| 10. Yong-Hwan Park (Sungkyunkwan Univ Samsung Changwon Hospital) | |

Principal Investigators: Byeong-Keuk Kim

Study Criteria



Inclusion criteria

- (1) **Age >19 years**
- (2) **DES implantation 12 months** (-1 to +5 months) **prior to randomization**
- (3) **High-risk characteristics for ischemic events** (at least one features)

High-risk patients; clinical criteria

1. **Acute coronary syndrome**
2. **History of cerebrovascular accidents**
3. **Peripheral artery revascularization**
4. **Diabetes Mellitus**
5. **Chronic kidney disease** / 6. **Heart failure** (LVEF $\leq 40\%$)

High-risk lesions; angiographic or procedural criteria

1. **Left main diseases** / 2. **Bifurcation lesions**
3. **Chronic total occlusion**
4. **In-stent restenotic lesions** / 5. **Graft lesions**
6. **Diffuse long lesions** (total stent length ≥ 28 mm)
7. **Calcified lesions** (requiring rotational atherectomy)
8. **Multivessel disease with multiple stents**
9. **Small vessel disease** (stent diameter of ≤ 2.5 mm)

Exclusion criteria

- (1) **Age >80 years**
- (2) **Major bleeding within 3 months** before randomisation
- (3) **Need for chronic oral anticoagulation**
- (4) **Pregnancy or potential childbearing**
- (5) **Life expectancy <1 year**
- (6) **Refusal or inability to provide informed consent**

Randomization and follow-up



Patients with high-ischemic risk
12 months after DES implantation (N=3200)

1:1 Randomization

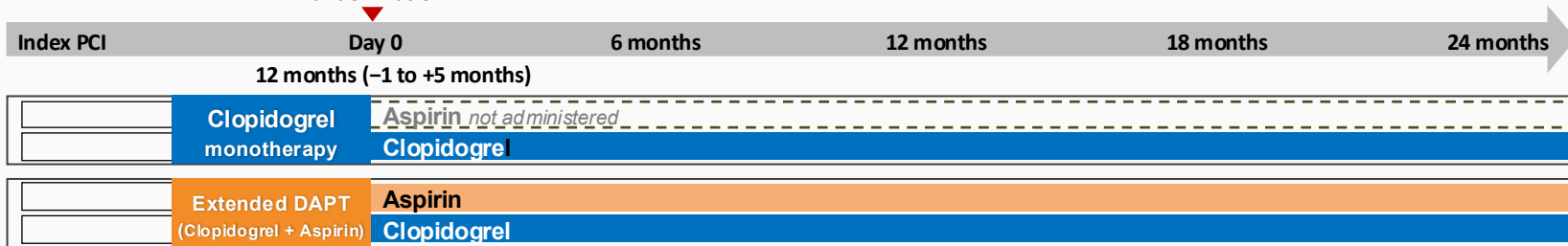
Stratified by acute coronary syndrome at index PCI
and age (≥ 75 years)

Clopidogrel monotherapy
(n = 1600)

Extended DAPT
(n = 1600)

Primary Endpoint: Net Adverse Clinical Events at 24 months after randomization
Composite of all-cause death, MI, stent thrombosis, stroke, or BARC type 2, 3, or 5 bleeding

Randomization



Trial end points



- Primary end point

Net adverse clinical events; Composite of all-cause death, MI, stent thrombosis, stroke, or BARC type 2, 3, or 5 bleeding at 24 months

- Key secondary end points ; Tested in a prespecified hierarchical order.

- **Composite ischaemic end point;**

All-cause death, MI, stent thrombosis, or stroke

- **Bleeding end point;**

BARC type 2, 3, or 5 bleeding

- Other secondary end points

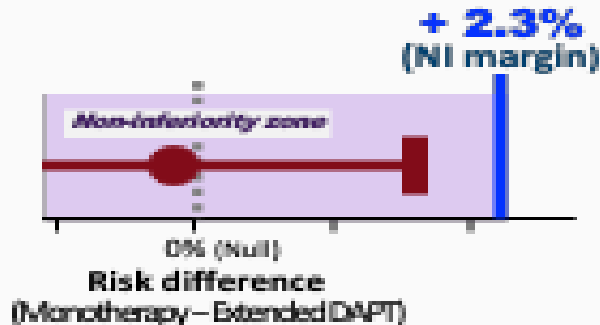
- . Individual components of the primary end point
- . Prespecified composite end points

Statistical considerations



■ Sample size estimation

- The trial was designed to test **whether clopidogrel monotherapy** would be **non-inferior** to **extended DAPT** with respect to the primary endpoint at 24 months.
- Assuming a 24-month primary end point incidence of **7.0%** in each group and 5% attrition rate, a sample size of **3200 patients** provided 80% power at a one-sided alpha level of 0.05.
- **Non-inferiority** was established if the **upper boundary of the two-sided 90% CI**, estimated from Kaplan–Meier curves, fell below the margin of 2.3 percentage points.



■ Statistical analysis

- Primary intention-to-treat analysis
- Cumulative incidences; Kaplan–Meier method and compared with log-rank test
- Key secondary endpoints; Prespecified **hierarchical sequence at a two-sided alpha level of 0.05**

Baseline characteristics (1)



	Clopidogrel Monotherapy (n=1,601)	Extended DAPT (n=1,602)
Age — yr	62.6 ± 9.5	62.6 ± 9.8
Male sex	1,295 (80.9%)	1,319 (82.3%)
High-risk clinical factors		
• Acute coronary syndrome	1,271 (79.4%)	1,270 (79.3%)
ST-segment elevation MI	354 (22.1%)	342 (21.3%)
Non-ST-segment MI	461 (28.8%)	476 (29.7%)
Unstable angina	456 (28.5%)	452 (28.2%)
• Diabetes mellitus	644 (40.2%)	647 (40.4%)
• Heart failure (LVEF ≤40%)	60 (3.7%)	73 (4.6%)
• Chronic kidney disease	160 (10.0%)	166 (10.4%)
• Previous CVA	97 (6.1%)	111 (6.9%)
• Previous peripheral artery revascularization	20 (1.2%)	24 (1.5%)

Baseline characteristics (2)

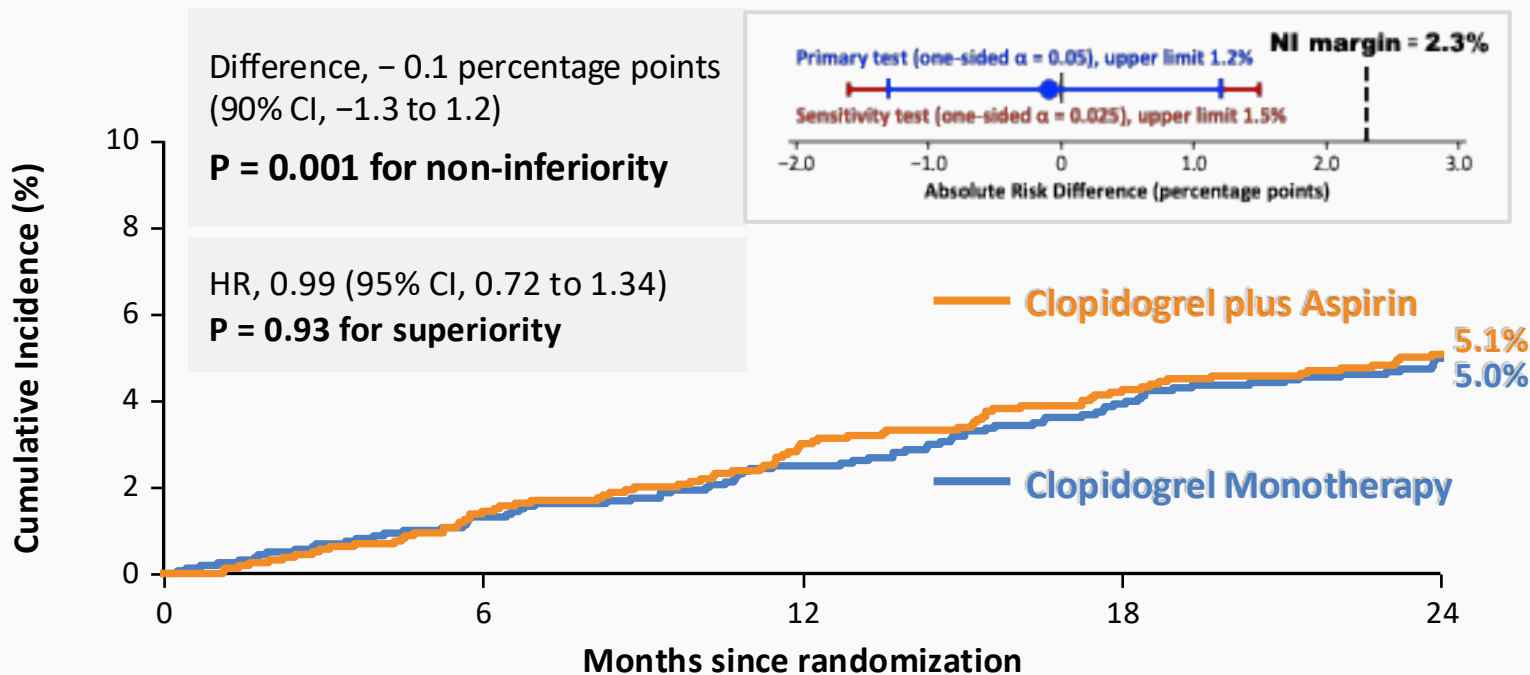


	Clopidogrel Monotherapy (n=1,601)	Extended DAPT (n=1,602)
<i>High-risk lesion factors</i>		
• Unprotected left main artery disease	170 (10.6%)	177 (11.0%)
• Bifurcation lesion	422 (26.4%)	441 (27.5%)
• Chronic total occlusion	176 (11.0%)	181 (11.3%)
• In-stent restenosis	158 (9.9%)	159 (9.9%)
• Bypass graft lesion	22 (1.4%)	22 (1.4%)
• Diffuse long lesion	1,094 (68.3%)	1,103 (68.9%)
• Severe calcification requiring atherectomy	57 (3.6%)	53 (3.3%)
• Multivessel disease with multiple stents	560 (35.0%)	563 (35.1%)
• Small vessel disease	309 (19.3%)	332 (20.7%)
<i>Procedural Characteristics</i>		
No. of treated vessels	1.2 ± 0.5	1.2 ± 0.5
No. of stents implanted	1.6 ± 0.8	1.6 ± 0.8
Total stent length — mm	43.4 ± 26.0	43.8 ± 26.5
Mean stent diameter — mm	3.16 ± 0.41	3.15 ± 0.42

Primary Endpoint



Composite of all-cause death, MI, stent thrombosis, stroke, or BARC type 2, 3, or 5 bleeding at 24 months



No. at Risk

Clopidogrel Monotherapy 1601

1580

1561

1538

1521

Clopidogrel plus Aspirin 1602

1579

1554

1535

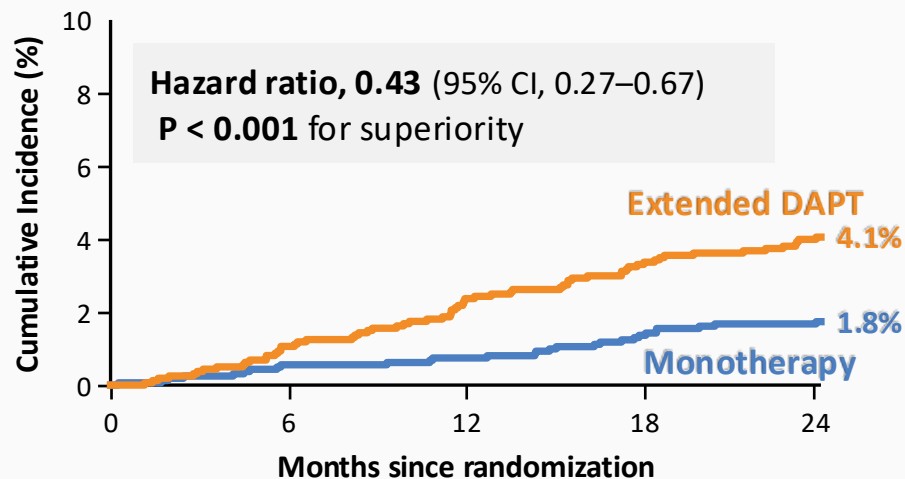
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Key Secondary End Points



Key Bleeding End Point

BARC type 2, 3, or 5 bleeding at 24 months

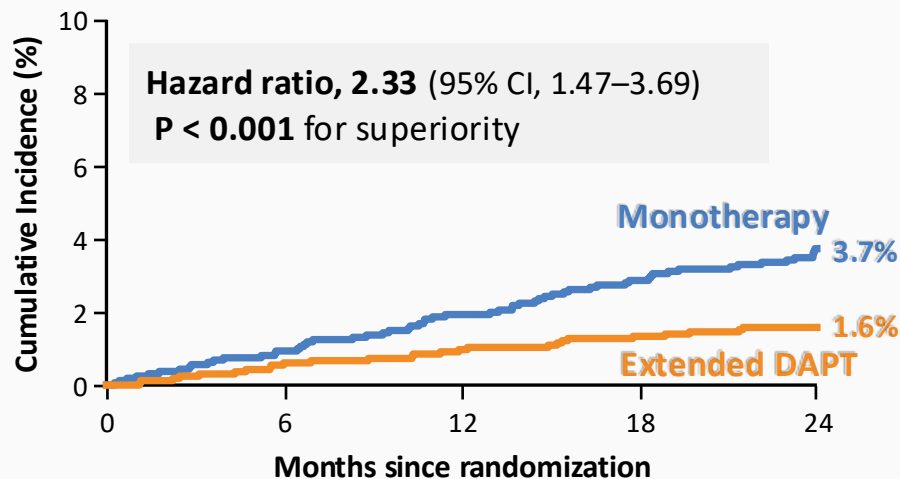


No. at Risk

Clopidogrel monotherapy	1601	1588	1580	1565	1553
Clopidogrel plus aspirin	1602	1580	1559	1543	1529

Key Ischaemic End Point

All-cause death, MI, stent thrombosis, or stroke at 24 months



1601	1586	1570	1555	1541
1602	1592	1586	1580	1576

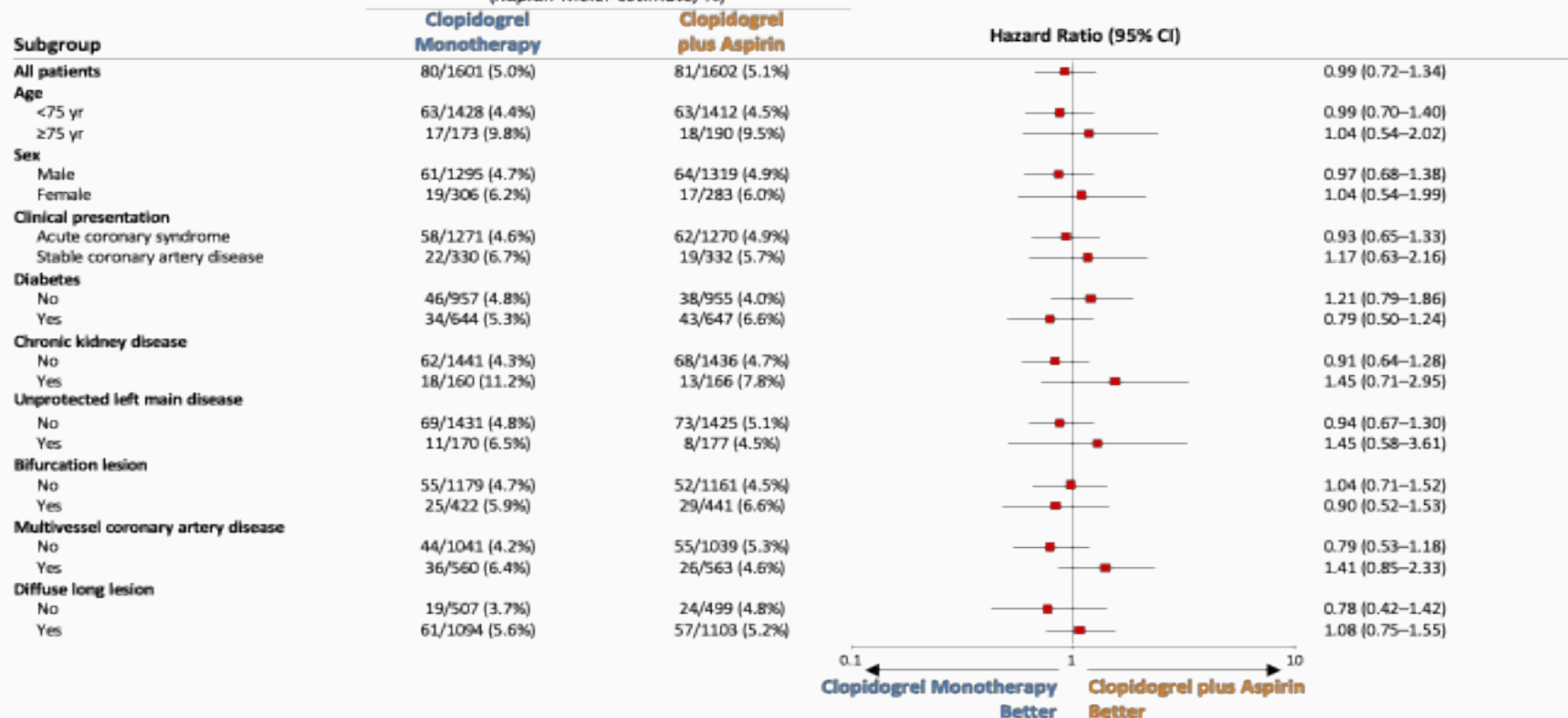
Other Secondary Endpoints



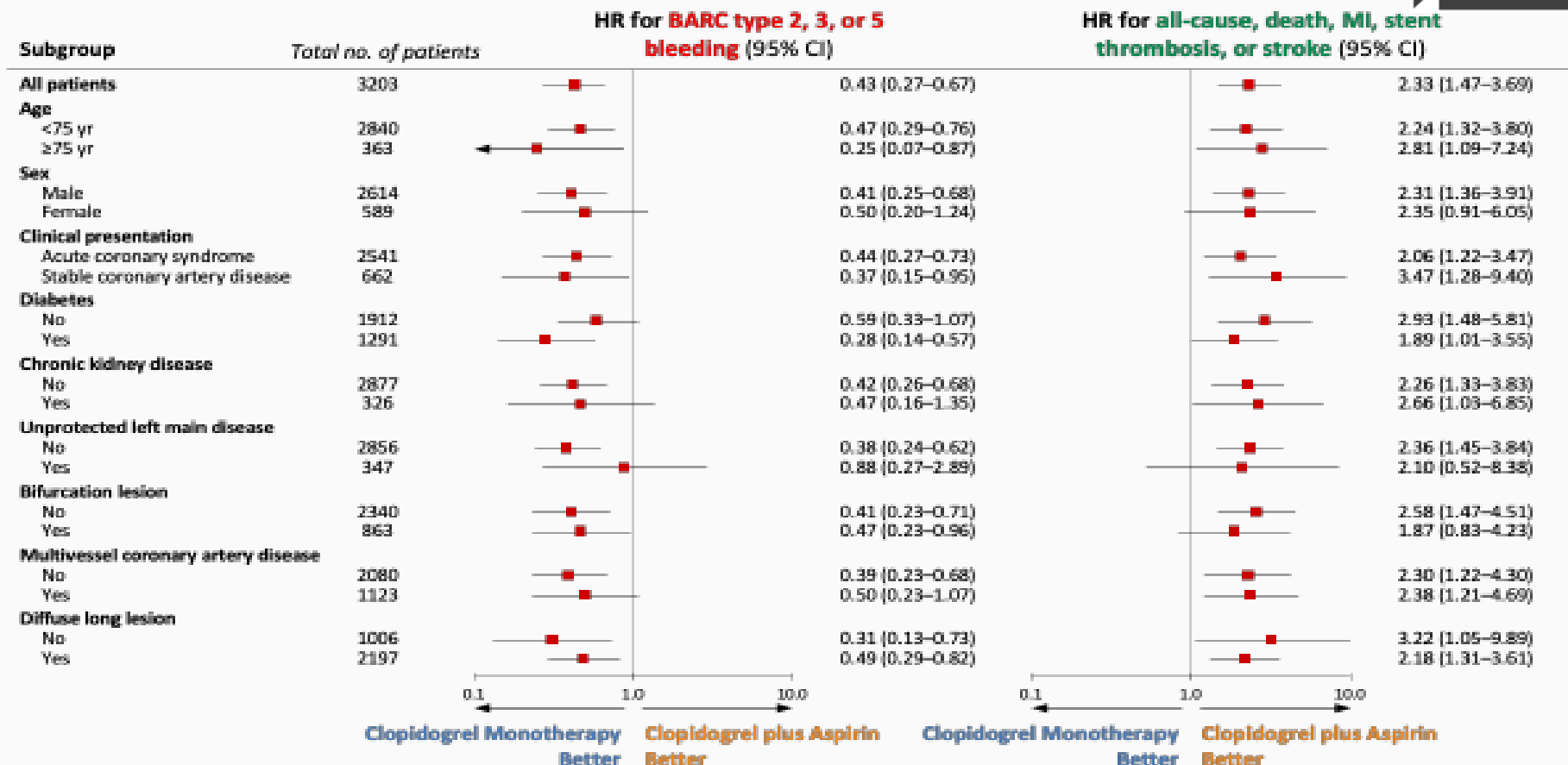
	Clopidogrel Monotherapy (N=1601)	Clopidogrel plus Aspirin (N=1602)	Hazard ratio (95% CI)	P value
<i>Individual events</i>				
All-cause death	21 (1.3%) ↑	7 (0.4%) ↓	3.01 (1.28 to 7.09)	0.008
Cardiovascular death	14 (0.9%) ↑	3 (0.2%) ↓	4.68 (1.35 to 16.30)	0.007
Myocardial infarction	23 (1.4%) ↑	6 (0.4%) ↓	3.86 (1.57 to 9.49)	0.001
Stent thrombosis (definite or probable)	12 (0.8%) ↑	3 (0.2%) ↓	4.02 (1.13 to 14.24)	0.020
Stroke	19 (1.2%)	15 (0.9%)	1.27 (0.65 to 2.51)	0.484
Ischemic stroke	14 (0.9%)	6 (0.4%)	2.34 (0.90 to 6.10)	0.072
Hemorrhagic stroke	5 (0.3%)	9 (0.6%)	0.56 (0.19 to 1.67)	0.290
BARC type 3 or 5 bleeding	15 (0.9%) ↓	35 (2.2%) ↑	0.42 (0.23 to 0.78)	0.004
BARC type 2 bleeding	13 (0.8%) ↓	30 (1.9%) ↑	0.43 (0.22 to 0.82)	0.009
<i>Composite events</i>				
All-cause death, MI, stent thrombosis, or TVR	57 (3.6%) ↑	24 (1.5%) ↓	2.40 (1.49 to 3.86)	<0.001
All-cause death, MI, stent thrombosis, stroke, or TVR	74 (4.6%) ↑	37 (2.3%) ↓	2.02 (1.36 to 3.00)	<0.001

Primary Endpoint by subgroup

No. of patients with event / total no. of patients
(Kaplan-Meier estimate, %)



Key Secondary Endpoints by subgroup



Summary of the A-CLOSE trial



Among patients with high risk for ischaemic events
12 months after DES implantation,

- **Clopidogrel Monotherapy** was noninferior to **Extended DAPT** of aspirin plus clopidogrel for net adverse clinical events.
- However, as compared with **Extended DAPT**, **Clopidogrel monotherapy** was associated with a **higher risk of the key ischemic end point**, with **higher rates of all-cause and cardiovascular death**, despite a **lower risk of the bleeding end point**.

Conclusion & Clinical Implications



- The **divergent ischaemic & bleeding effects** in A-CLOSE highlight the inherent trade-off between **Extended DAPT** and **Monotherapy**, cautioning against routine de-escalation in high-ischemic-risk patients.
- These findings broaden the evidence for antiplatelet therapy beyond 12 months post-DES and support an individualized strategy guided by ischaemic & bleeding risks rather than a uniform approach.