Gut Microbiota and Associated Metabolites Play a Key Role in the Pathogenesis of the Obesity Phenotype of HFpEF

Yair Rokach, PhD; Suzan Abedat, PhD; Samar Dana, MSc; Dean Nachman, MD; Abed Qadan, MD; Mehseti Ibrahimli, MD; Ronen Beeri, MD; Yael Litvac, PhD; Offer Amir, MD; and <u>Rabea Asleh, MD, PhD.</u>

Cardiovascular Research Center, Heart Institute, Hadassah University Medical Center, Faculty of Medicine, Hebrew University of Jerusalem, Israel.

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Disclosures

• I have no disclosures relevant to this talk

HFpEF, Obesity, and Gut Microbiota

- HFpEF accounts for ~50% of HF cases with few proven therapies
- A heterogeneous disease that is largely driven by environmental factors and associated with multiple comorbidities
- Obesity-related HFpEF is the most common phenotype
- Gut microbial dysbiosis has been implicated in inflammation, insulin resistance, and obesity
- However, the involvement of the gut microbiota in the pathogenesis and progression of the obesity-related phenotype of HFpEF is unclear

Borlaug et al. JACC (2023); Desai et al. JACC HF (2023); Lam et al. Eur Heart J (2018); Lee et al. Circulation (2009). Nemet et al. Cell (2020); Quigley et al. Nat Rev Gastroenterol Hepatol (2017); Buffa et al. Nature Micro (2021); Roberts et al. Nature Med (2018); Tang et al, Nat Rev Cardiol (2019); Ronen et al, Asleh. Compr Physiol (2024).

Study Hypothesis

 Gut microbial dysbiosis is important in the progression of the obesity phenotype of HFpEF



Study Design of the Obesity-Related HFpEF in Mice and Humans



Schiattarella GG. et al. Nature (2019)

A Significant Association Between HFpEF and Gut Microbiome Composition

Beta-Diversity for Dissimilarities Between Groups

Alpha Diversity and Bacterial Relative Abundance









Worsening Diastolic Dysfunction in Mice After FMT from **Obese-HFpEF Patients Blooming of Enterobacterial Species**

1. FMT after Extensive Abx Treatment Causative link between gut dysbiosis and HFpEF pathogenesis using FMT **Obese-HFpEF** "two-hit" mode HFpEF-FMT Abx treatment Humanized HEDEF Microbiota Or Abx treatment Control-FMT Humanized Control Microbiota Gut microbiota of FMT in obese-HFpEF mice _∰___6________ ====-__5≣≣ PCoA of bacterial B-diversity (jensen divergence) LEFSe analysis of FMT Obese-HFpEF vs. Obese-Only a-diversity 0.0 4 2 0 2 Avis 1 (38 9%) LDA score (log 10) FMT from Obese-HFpEF FMT from Obese-Control FMT from Obese-Control FMT from Obese-HFpEF EMT from Contro

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Body weight change ECHO & ABX EM 60 FMT from control FMT from obese-control (%) FMT from obese-HEpE change 30 Weight (20 0 10 12 14 16 2 6 8 Week

in the Gut of Different FMT Groups

Echocardiographic assessment of diastolic and systolic function among FMT groups

101

1010

10⁹ CFU/gr

feces



Worsening Diastolic Dysfunction in Germ-Free Mice After FMT from Obese-HFpEF Patients



Increased Myocardial Inflammation and Endothelial Dysfunction after FMT from Obese HFpEF Patients to Mice



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Increased Systemic Inflammation after FMT from HFpEF Versus Control Individuals as Observed in Human Samples



RNA-Seq Data Derived From Hearts of Mice Undergoing FMT from Obese-HFpEF Versus Control Subjects



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FMT from obese-HFpEF patients to mice was accompanied by elevated cardiac mRNA levels of hallmark hypertrophic, fibrosis, and inflammatory markers as compared to FMT from obese non-HFpEF subjects.

Metabolomics of Mice Plasma and Heart Tissue after FMT from Obese HFpEF Versus Control Individuals



Does FMT from Healthy Individuals Improve Diastolic Function in HFpEF Humanized Microbiota Mice?



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Improved Myocardial Inflammation and Endothelial Dysfunction after FMT from Control to Humanized Microbiota Mice



Conclusions

- We demonstrate a causative link between gut microbial dysbiosis and HFpEF progression
- Gut microbiota from obese HFpEF patients induces several proinflammatory and profibrotic signals, along with metabolic profile alterations, that could worsen HFpEF in mice
- Our study suggests that susceptibility to HFpEF may be transmissible in obese individuals and can potentially be modified through gut microbial manipulation as a therapeutic target

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Research Team:

Cardiovascular Research Center:

Prof. Rabea Asleh, MD, PhD Prof. Offer Amir, MD Prof. Ronen Beeri, MD Dr. Suzan Abedat, PhD Yair Rokach - PhD student Dr. Dean Nachman, MD Dr. Daniel Ronen, MD PhD Dr. Abed-Alhakim Qadan, MD Fathiya Nairoukh - PhD student Samar Daana - Msc student Aseel Basool - MSc Student Niveen Rewished - MSc student Mayaan Edri - MSc student Mera Abd Al-Latif - MSc student Noor Abu Salih - MSc student Emily Peretz – BSc student Kareem Abd Rabu – MSc. Hadeyah Mohsen – MSc student Katy Srojy – MSc student

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Collaborations: Dr. Yael Litvak's lab -Faculty of Life Sciences, HU Prof. Eran Elinav lab -Weizmann institute

Prof. Eran Elinav lab -*Weizmann institute* Prof. Yael Houri-Haddad -*Faculty of Dental Medicine* Prof. Rifaat Safadi lab -*The liver institute* Prof. Ronit Abramovich lab -*Wohl Institute*



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Thank You

Rabea Asleh rasleh@hadassah.org.il



