Prospective Multicenter Trial of Pharmacomechanical Catheter-Directed Thrombolysis with the Bashir Endovascular Catheter for Acute Pulmonary Embolism

### The RESCUE Study

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### On Behalf of RESCUE Investigators

Funding support: NHLBI – SBIR, Commonwealth of Pennsylvania Department of Heath and Thrombolex Inc.

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### **Disclosure Statement of Financial Interest**

I, Riyaz Bashir MD have a financial interest/arrangement or affiliation with one or more organizations that could be perceived as a real or apparent conflict of interest in the context of the subject of this presentation.

# **Co-Inventor**

Faculty disclosure information can be found on the app



### **Disclosure Statement of Financial Interest**

Within the past 12 months, I or my spouse/partner have had a financial interest/arrangement or affiliation with the organization(s) listed below.

Affiliation/Financial Relationship	Company	
Grant/Research Support	Thrombolex Inc.	
Consulting Fees/Honoraria	Thrombolex Inc.	
Major Stock Shareholder/Equity	Thrombolex Inc.	
Royalty Income	Thrombolex Inc.	
Ownership/Founder	Thrombolex Inc.	
Intellectual Property Rights	Thrombolex Inc.	
Other Financial Benefit	Thrombolex Inc.	

Faculty disclosure information can be found on the app







<u>Circulation: Cardiovascular Interventions</u> *Or Cadovasc Inter*, 2021;13:e009611.D0I: 10.1161/CIRCINTERVENTIONS.120009611 January 2021 **DRIGINAL ARTICLE** First-in-Human Study to Assess the Safety and Feasibility of the Bashir Endovascular Catheter for the Treatment of Acute Intermediate-Risk

Pulmonary Embolism



First-in-Human study of Pharmaco-mechanical Catheter-Directed Thrombolysis (PM-CDT) with Bashir Endovascular Catheter has shown promising early results.





## **Study Objective**



Assess safety and efficacy of Pharmaco-Mechanical Catheterdirected thrombolysis (PMCDT) using the Bashir Endovascular Catheter in patients with intermediate-risk acute pulmonary embolism.

• **Design**: Multicenter, prospective Single arm clinical trial



### Pharmaco-Mechanical Catheter Directed Thrombolysis with Bashir Endovascular Catheter



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The Bashir Endovascular Catheter is not yet cleared for the treatment of Pulmonary Embolism





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## **METHODS - Key Eligibility Criteria**

- Inclusion Criteria
  - 1. 18 years to  $\leq$  75 years of age;
  - 2. PE symptom duration  $\leq$  14 days
  - 3. Filling defect in at least one main or lobar pulmonary artery
  - 4. RV/LV end diastolic diameter ratio  $\geq 0.9$
- Exclusion Criteria
  - 1. Active COVID 19 within last two months.
  - 2. CVA or TIA within one (1) year
  - 3. Head trauma, active intracranial or intraspinal disease
  - 4. Active bleeding
  - 5. Intracranial condition(s) that may increase the risk of bleeding





## **METHODS - Primary End-points**



- Primary efficacy end-point:
  - Reduction in CTA derived RV/LV ratio at 48 hours from the baseline.
- Primary safety end-point:
  - Major bleeding and device related adverse events at 72 hours





## **METHODS**



## Secondary Efficacy End-point PA obstruction reduction at 48 hours

**Refined Modified Miller Index** as measured on CTA within 48 hours after the completion of the r-tPA infusion compared to baseline as evaluated by core lab.







## METHODS Secondary Safety End-points

- Device related adverse events.
- All-cause mortality at 30-day follow-up.
- SAEs through 30-day follow-up.
- Recurrent PE through 30-day follow-up.

All end-points are adjudicated by the DSMB/CEC Committee



## **Rescue protocol**



Unilateral PE – Total 7 mgs of rt-PA with Single device (2mgs pulse Spray and 5mgs over 5 hours) Bilateral PE – Total 14 mgs of rt-PA with two devices (2 mgs pulse Spray and 5 mgs infusion into each PA over 5 hours)





### Pulmonary Angiogram Post PM-CDT









30-day follow-up

n= 106

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Per protocol Analysis

N=104



### **Baseline Characteristics**





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### **Pulmonary Embolism Characteristics**



Characteristics (N=109)	N (%)
Unilateral Pulmonary Embolism Bilateral Pulmonary Embolism	7 (6.4%) 102 (93.6%)
Elevated Troponin or BNP	98/109 (89.9%)
Elevated Troponin	78/109 (66.1%)
Elevated BNP	78/105(74.3%)
Negative Biomarkers	69/109(8.3%)

90% patients had both elevated biomarkers as well as right ventricular dilatation





## **RESULTS:** Procedural Characteristics



Characteristics (N=109)	
Total dose of rt-PA, mg Unilateral PE (Pulse spray + infusion) Bilateral PE (Pulse spray + infusion)	7 (2+5) 14 (4+10)
Total procedure time in minutes (Median $\pm$ SD) Catheter placement time in minutes (Median $\pm$ SD)	64.2±28.8 <mark>15</mark> ±14
No. of devices per patient 1 2	7 (6.4%) 103 (93.6%)
Completed r-tPA infusion (N=61)	109 (100%)

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# RESULTS

Primary Efficacy Outcome - RV/LV Ratio

33.3 % Reduction



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## **RESULTS: Primary Safety Outcomes**



Outcomes	n (%)
Procedural Success (n=109)	109 (100%)
Major Bleeding within 72 hours (ISTH) (n=109)	1 (0.9%)
Major Device related adverse events (n=109)	1(0.9%)



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#### **Pulmonary Artery Obstructive Index Reduction** Refined Modified Miller Index (Core Lab.)





## **RESULTS : Secondary Outcomes**



Outcomes	N (%)
Clinically Relevant Non-Major bleeding (n=109)	1 (0.92%)
Non major procedure related AE <sup>‡</sup> (n=109)	2 (1.8%)
Recurrent PE through 30-day follow-up (n=104)	0 (0%)
SAEs through 30-day follow up (n=104)	7 (6.7%)
All-cause mortality at 30 days (n=104)	1 (0.92%)
Intracranial Hemorrhage	0 (0%)
Median Hospital Length of stay in days ± SD (n=109)	2.88 ± 1.6

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*‡epistaxis, non-access site hematoma with anemia* 





# Hemodynamics at 5 hours

Outcomes	Baseline mean ± SD	Post PM-CDT mean ± SD	Difference mean ± SD	p-value
Systolic PA pressure, mmHg (n=93)	$\textbf{49.53} \pm \textbf{13.39}$	$\textbf{43.74} \pm \textbf{13.51}$	5.94± 10.69	<0.0001
Cardiac output, L/min (n=98)	4.81 ± 1.43	$5.31 \pm 1.59$	0.49± 1.59	0.0029
Cardiac index, L/min per m² (n=98)	$\textbf{2.29} \pm \textbf{0.60}$	$\textbf{2.47} \pm \textbf{0.71}$	$0.19\pm0.76$	0.0156





### DISCUSSION Thrombolytic Efficiency (Core Lab. Data)





The thrombolytic efficiency of one mg of r-tPA is higher with PM CDT





### DISCUSSION



Reduction in Pulmonary Artery Obstruction parallels that seen with systemic thrombolysis





\*Goldhaber, et al. Chest, vol. 106, no. 3, Sept. 1994



**Contemporay Intermediate risk PE Trials** 



\*Meyer G,. Fibrinolysis for patients with intermediate-risk pulmonary embolism. N Engl J Med 2014;370:1402-11.





### Conclusion

The RESCUE trial showed that PMCDT with the Bashir Endovascular Catheter met its primary efficacy and safety endpoints and demonstrated:

- Reduction in RV/LV ratio by 33.3% at 48 hours (p<0.0001)</li>
- Reduction in PA obstruction index by 35.9% at 48 hours (p<0.0001)</li>
- There were fewer than 1% major bleeding or device related adverse events





# **Future perspective**



- RCT to compare PM-CDT with:
  - Anticoagulation in Intermediate-risk PE patients
  - Systemic thrombolytics in high-risk PE patients.
- PE-TRACT and Hi PEITHO trials will inform us about longer term clinical and functional outcomes







### **RESCUE STUDY**

### **Management team**

- Steering Committee
  - Dr Akhilesh Sista (National Co-PI)
  - Dr Kenneth Rosenfield (National Co-PI)
  - Dr Anthony Comerota
- DSMB/CEC
  - Dr Gregory Piazza (Chairperson)
  - Dr Raghu Kolluri
  - Dr Robert Lookstein
  - Dr Melissa S. Martinson (Statistician)

### Imaging Core lab

NAMSA/Syntactx Inc. New York NY

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### **Enrollment by sites**



#### **Clinical Research Organization**

Eminence Inc.

# Thank you

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### Synergistic Effect Of Endogenous And Exogenous Fibrinolysis





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